

Flying with Insulin and Diabetes Supplies

People with diabetes are entitled to carry their diabetes supplies on board aircrafts. Diabetes Australia's guidelines for air travel for people with diabetes are as follows:

People with diabetes who intend fly should:

- **Carry all diabetes supplies on board in hand luggage**

This reduces the risk of losing your supplies in undercarriage baggage. Ensure that insulin and Glucagon have prescription labels displaying your name on each package (you may need to ask the pharmacist to do this)

- **Carry a detailed letter from your doctor**

Ensure the letter describes your medical condition, listing all medications and type of delivery devices

OR

Carry your National Diabetes Services Scheme (NDSS) registration card

Note: Photographic identification may also be requested by security personnel, to verify your identity

- **Arrive at the airport by the standard check-in time before flight departure**

Diabetes Australia has been working with the Aviation Security Branch of the Department of Transport to ensure that these new guidelines are practical and uniformly applied. In the event of a problem, request to speak to the Security Supervisor, the Airport Manager or the Airline Duty Manager.

Healthy Living NT is aware of a number of instances where people with diabetes have been treated inappropriately and/or discourteously by security staff. Healthy Living NT is also aware that the interpretation of these security measures can differ widely between airports, leaving the person with diabetes unsure of what is expected of them.

Anyone who experiences problems carrying diabetes supplies onto an aircraft should contact Healthy Living NT 08 8927 8488



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