



## Private Dietitian Services

People who have been diagnosed with diabetes, pre-diabetes or are eligible for our cardiac rehabilitation program can access Healthy Living NT dietitians free of charge.

Healthy Living NT also provides private dietitian services for people living with a range of other medical conditions who may benefit from nutrition advice.

Dietitians can help with:

- elevated cholesterol or blood pressure
- weight management
- malnutrition
- disordered eating
- food allergies and intolerances
- gastrointestinal conditions
- liver and kidney disease



Fees for these private dietitian services are listed below. GP Management Plan referrals are accepted to subsidise costs for those living with a chronic condition. See your doctor to ask if you are eligible for a GP Management Plan.

Reduced fees are available for those with an eligible Commonwealth concession card or Healthy Living NT membership.

People with private health insurance may be able to claim a rebate for full fee consultations, depending on level of cover.

### Darwin

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[www.healthylivingnt.org.au](http://www.healthylivingnt.org.au)  
ABN 11 374 693 055

Healthy Living NT  
is the trading name of the  
Diabetes Association  
of the Northern Territory  
Incorporated.

Healthy Living NT  
is the registered NT  
licence holder for  
Life. Be in it.

Type	Description	Time	Fees
Full Fee	Initial	45-60 mins	\$120.00
	Review	20-30 mins	\$75.00
Concession/ Healthy Living NT membership Fee	Initial	45-60 mins	\$100.00
	Review	20-30 mins	\$65.00
Extended Consultation for complex conditions, IBS or detailed meal plans		90 mins	\$165.00
Cancellation Fee			\$20.00

You are eligible for a Medicare reimbursement of \$56 When an Enhanced Primary Care Plan (EPC) or a GP Management Plan (GPMP) referral is provided by your GP.



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