



healthylivingNT

Your *partner* in
health and *wellbeing*

strategic goals

Issued June 2023



Life. Be in it.™
get the most out of life...



Strategic Goals

Issued June 2023

Healthy Living NT, incorporated as the Diabetes Association of the NT Inc., has helped to improve the community's health and well-being since 1980. Healthy Living NT's Strategic Goals map our directions and future.

Healthy Living NT seeks to improve the health and well-being of the whole community, extending from preventative health services to specialised self-management support for people living with key chronic conditions such as diabetes and heart disease. We pride ourselves on working with the community and our role within the Territory's primary health care system. In partnership with stakeholders, our services continually evolve to improve the health of Territorians.

We value the contributions and continued support of members, the community and the Australian and Territory governments in supporting the vital role of this organisation.

Our Business Plan delivers against these Strategic Goals and focuses on annual objectives and priorities.

Ron O'Brien
President and Chair

William De Decker
Vice President

Rob Hall
Board Member

Anne Kemp
Chief Executive Officer

Mary Lawler
Finance and Administration Manager

Yvonne Rowan
Vice President and Public Officer

Kevin Wrigley
Treasurer / Secretary

Ramona Long
Board Member

Chrissie Inglis
Manager Education Services

June 2023

Strategic Goals

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Goal 1: To ensure members and the community are core to the organisation through:

- Providing a diverse range of services and support
- Committed advocacy for people with diabetes and for the broad determinants of health at an individual, NT and national level
- Providing responsive, quality information and active communication.

Goal 2: To provide leadership for strategic advocacy related to health promotion and chronic conditions through:

- Representation to influence strategy and policy development and service provision at a NT and national level
- Promoting equity and access for high risk groups of people, particularly people living in regional and remote areas
- Representation of sector needs and requirements through key partnerships and collaborations including the Good Health Alliance NT
- Promoting a holistic approach to a healthier and healthy lifestyle.

Goal 3: To deliver a portfolio of quality services through:

- An effective and collaborative relationship with funders
- A broad range of services to consumers, community and practitioners on behalf of funding bodies, based on best practice and evidence-based protocols
- Examining the feasibility of integrated services to clients and the community through collaboration
- Identifying other relevant services.

Goal 4: To enhance the sustainability and viability of the organisation through:

- Ethical practices and adoption of contemporary business standards in all aspects of governance including succession planning and risk management
- Identifying, assessing and implementing business development and income generation opportunities
- Quality financial management practices, including accountability and transparency
- Effectively interacting with key stakeholders
- Utilising appropriate technologies
- Engaging suitably qualified team members
- Being adaptable and agile in response to changes in the environment.



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GUIDING VALUES

To pursue excellence in all facets of Healthy Living NT's operations, through:

- Professionalism and ethical practice
- Fairness, honesty, confidentiality and compassion
- Mutual respect for all individuals, their roles and the organisation
- Continuous improvement in all activities
- Involvement with, and responsiveness to, community diversity
- Working collaboratively.

Darwin

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Healthy Living NT
is the trading name of the
Diabetes Association
of the Northern Territory
Incorporated.



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