



## Loop Diuretics

Medication Name	Brand Name
Frusemide	<input type="radio"/> Frusax
	<input type="radio"/> Frusehexal
	<input type="radio"/> Frusemide
	<input type="radio"/> Uremide
Bumetanide	<input type="radio"/> Burinex

### What is it used for?

Diuretics remove excess fluid from the body through the kidneys. This results in a lower blood pressure and decreases the workload of the heart.

### How to take this medication

Try to take this medication during the day. This is because if taken late in the evening or at night time, you may need to get up frequently during the night to pass water.

**Take this medication only as the directions say on the pharmacy label.**

### Before taking this medication it is important to tell your doctor if you:

- Are pregnant or plan to become pregnant
- Are breast feeding
- Are taking any other medication
- Have other medical conditions

### Side Effects

Side effects occur in some people taking this medication. If they are troublesome to you, speak to your doctor or pharmacist.

- Dizziness, light-headedness
- Muscle weakness/muscle cramps
- Diarrhoea

### Other important facts

- Dizziness/ light-headedness may occur if you get up suddenly. This is due to the medications effect on your blood pressure. Always make sure you get up slowly from a lying or sitting position
- These medications can cause you to excrete potassium when you pass water so your doctor may want you to take potassium supplements.
- Never share your medicines with anyone
- Keep medication out of reach of children

**If you have any queries about your medications, talk to your Doctor or pharmacist. This information is only designed for use as an educational aid and is general in nature.**

*This resource was produced using information from Hospital Pharmacy Services and current medication guidelines.*

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