



Beta Blockers

Medication name	Brand Name		
Atenolol	<input type="radio"/> Anselol <input type="radio"/> Atehexal <input type="radio"/> Aten	<input type="radio"/> Atenolol Gen Rx <input type="radio"/> Colaptyn <input type="radio"/> Noten	<input type="radio"/> Tenolten <input type="radio"/> Tenormin <input type="radio"/> Tensig
Bisoprolol	<input type="radio"/> Beprol <input type="radio"/> Bicard <input type="radio"/> Bicor	<input type="radio"/> Bisoprolol <input type="radio"/> Bisoprofumarate	<input type="radio"/> Bisoprolol Gen Rx <input type="radio"/> Bispro
Carvedilol	<input type="radio"/> Carvedilol <input type="radio"/> Carvedilol Gen Rx	<input type="radio"/> Dicarz <input type="radio"/> Dilasig <input type="radio"/> Dilatrend	<input type="radio"/> Kredex <input type="radio"/> Vedilol <input type="radio"/> Volirop
Labetolol	<input type="radio"/> Presolol	<input type="radio"/> Trandate	
Metoprolol	<input type="radio"/> Betaloc <input type="radio"/> Lopresor <input type="radio"/> Metatar <input type="radio"/> Metohexal	<input type="radio"/> Metolol <input type="radio"/> Metoprolol <input type="radio"/> Metoprolol BC <input type="radio"/> Metrol	<input type="radio"/> Metrol XL <input type="radio"/> Minax <input type="radio"/> Minax XL <input type="radio"/> Toprol XL
Nebivolol	<input type="radio"/> Lobivon	<input type="radio"/> Nebilet	<input type="radio"/> Nebivolol
Propranalol	<input type="radio"/> Deralin <input type="radio"/> Drofate	<input type="radio"/> Hemangiol <input type="radio"/> Inderal	<input type="radio"/> Propranalol Gen Rx
Sotalol	<input type="radio"/> Cardol <input type="radio"/> Sotacor <input type="radio"/> Solavert	<input type="radio"/> Sotab <input type="radio"/> Sotacor <input type="radio"/> Sotahexal	<input type="radio"/> Sotalol Gen Rx <input type="radio"/> Sotalol Hydrochloride

What is it used for?

Beta blockers are used to treat high blood pressure, irregular heart rhythms, help prevent angina and to reduce complications after a heart attack. Beta blockers open up blood vessels, which reduces blood pressure, and prevents some nerve impulses from speeding up your heart beat. This also prevents the heart from working too hard.

How to take this drug

This medication must be taken regularly. If a dose is missed, only take the dose if you remember within three hours. If not, do not take the missed dose, and take the next dose when it is due normally. Do not take two doses at once.

Take this medication only as the directions say on the pharmacy label.

Before taking this medication it is important to tell your doctor if you:

- Are pregnant or plan to become pregnant, are breast feeding
- Have had previous allergic reactions to other beta blockers
- Have asthma, or other difficulties breathing
- Have low blood pressure
- Have muscle weakness
- Have kidney, liver disease or diabetes

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Healthy Living NT
 is the trading name of the
 Diabetes Association
 of the Northern Territory
 Incorporated.

Side Effects

Side effects occur in some people taking this medication. If they are troublesome to you, speak to your doctor or pharmacist.

- Drowsiness/tiredness, trembling/shaking
- Headache, aches/pains, flushes
- Difficulty sleeping, confusion
- Mood changes, depression
- Loss of appetite/nausea, weight gain, stomach upset, diarrhoea, constipation
- Problems with sexual function

Other important factors

- Dizziness/light-headedness may occur if you get up suddenly. This is due to the effect of the drugs on your blood pressure.
- Always make sure you get up slowly from a lying or sitting position
- Your doctor or dentist needs to know you are on this medication before any procedures or operations
- Tell your doctor all the medications you take including those you get without prescriptions
- Never share your medications with anyone
- Keep the medicine out of reach of children

**If you have any queries about your medications, talk to your Doctor or pharmacist.
This information is only designed for use as an educational aid and is general in nature.**

This resource was produced using information from Consumer Medical Information and assistance from Royal Darwin Hospital Pharmacy.