



Sponsored Board participation for younger people with/interested in diabetes

Background

The Diabetes Association of the NT Inc., trading as Healthy Living NT (HLNT), is a charitable, independent, member based organisation for people with diabetes and related conditions. As a consumer based organisation, HLNT is managed by a voluntary board, committed to the well-being of all people with diabetes.

The Board of HLNT is keen to encourage younger people to join them, to speak about the issues facing them and be a voice on the Board for other young people affected by diabetes. We understand that the hectic lifestyle of younger people – busy jobs, lives or young families - means that it is often not possible to take on the time demands of also being on a Board; but we also realise that you are the future of our Association.

So with this in mind, we have developed a CPD program valued at up to \$5,000 to support a younger person's participation on the Board. Being a member of the Board will help you gain learning and development experience in governance and management. It will also give you the opportunity to participate and to share with us a younger person's perspective on various issues.

Our Board meets about 6 times a year, on a Saturday morning, generally for about 2 hours, with the occasional longer planning session – so the time commitment is not huge. As HLNT has offices and Board representation in both Darwin and Alice Springs, nominees from either location are equally welcome. However, if you live in other parts of the NT we would also strongly welcome your involvement on the Board.

How would I benefit?

Healthy Living NT is offering a flexible package that will reward you through financial support of up to \$2,500 per annum for two years towards your Continuing Professional Development (CPD). The nature of this CPD can be of your choosing but must receive the approval of the Board. Initial appointment to the Board would be for a one-year period, renewable for a second year based on performance. Some examples of eligible CPD could include:

- Purchase of computer hardware
- Travel to another location to undertake placements or further research
- Payment of university fees/HECS contributions
- Payment of professional memberships

You will also benefit in a number of other ways, including:

- Gaining valuable learning and experience in business management and governance
- Contributing to our knowledge of younger people's perspective on various issues

You might also be able to use the experience of being on the Board of a community based charitable organisation towards your particular field of study or chosen profession.

Am I eligible to apply?

Healthy Living NT will be flexible in assessing expressions of interest from younger people in taking up this opportunity, so if you don't exactly meet all of our criteria, don't let that deter you. Here are some of the overall things we will be looking for:

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| <i>Are you a member or willing to become a member of Healthy Living NT?</i> | <input type="checkbox"/> |
| <i>Do you have diabetes (or are interested in diabetes)?</i> | <input type="checkbox"/> |
| <i>Do you live in the NT?</i> | <input type="checkbox"/> |
| <i>Are you aged 25 years or below?</i> | <input type="checkbox"/> |
| <i>Are you currently undertaking or recently completed secondary or tertiary studies? OR</i> | <input type="checkbox"/> |
| <i>Have you completed tertiary studies and are you currently working in your professional field?</i> | <input type="checkbox"/> |
| <i>Are you interested in broadening your skills and knowledge in business management and governance?</i> | <input type="checkbox"/> |
| <i>Are you interested in contributing to Healthy Living NT in support of people with diabetes?</i> | <input type="checkbox"/> |

How will I qualify for CPD financial assistance?

You and the Board will agree upon a number of performance indicators prior to your initial one-year appointment to the Board. These will include indicators that are of personal relevance to you as well as ones that are relevant to us. These would include as minimum:

- Regular attendance at Board meetings and planning sessions
- Evidence that you have read the papers and considered the issues through participation and engagement at Board level
- Active participation in a mentoring and induction program where a Board member is assigned to assist you learn about the Association and the Board.

At the end of your first year on the Board, a performance review will be conducted and the CPD financial support awarded accordingly.

New performance indicators would be mutually agreed for the second Board term.

Interested? How do I apply?

Email or write to us, telling us about yourself and your background and why you think this opportunity would suit you.

Once you have submitted your Expression of Interest, we would then arrange a time to meet with you and discuss the opportunity more fully.

Want more information?

Contact Anne Kemp CEO for further information about this exciting opportunity: phone: 89278488 or email: ceo@healthylivingnt.org.au