



healthy living NT

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Healthy Living NT
is the trading name of the
Diabetes Association
of the Northern Territory
Incorporated.

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Vaccinations in 2021

It is important that people with chronic conditions such as diabetes and heart disease get vaccinations for preventable diseases to reduce serious health risks.

This year, two types of vaccination are highly recommended:

1. **Flu vaccination** (one injection) and
2. **COVID-19 vaccination** (two injections administered over a period of time)

You cannot have both the flu and the COVID-19 vaccinations at the same time. **They must be spaced at least 14 days apart.**

Both vaccines have been approved by the Australian Therapeutic Goods Administration (TGA) and work to boost your immune system.

Flu Vaccination

People who fit the following criteria can receive a free flu vaccine:

- anyone aged 65 years or older, regardless of medical conditions
- all children aged six months to under five years
- all Aboriginal people aged six months and over
- anyone aged six months and over with a medical condition that may increase their risk of severe influenza infection. Eligible medical conditions include diabetes, heart disease, chronic lung or breathing problems, chronic neurological problems and low immune systems.
- pregnant women at any stage of pregnancy - the vaccine protects the baby in the first six months of life.

The flu vaccination should become available around mid to late March, with the vaccination for people over the age of 65 being the first available. To find out more information on when you can receive your flu vaccination contact your local GP practice or community health centre.

COVID-19 Vaccination

The vaccine is free and is being rolled-out in order of priority. Phase 1B of the vaccine roll-out will begin from late March in the NT. Other phases of the roll-out will occur later in the year to lower priority groups.

WHO is eligible?

Eligibility for Phase 1B vaccinations includes:

- health care workers, critical and high-risk workers,
- adults over 70 years,
- Aboriginal adults aged over 18 years and
- adults with a specified or underlying medical condition.

People with diabetes or a cardiac condition are eligible for vaccination under Phase 1B.

Information current as at 19 March 2021

WHERE can I get a vaccination?

It is recommended that people seek to obtain the COVID-19 vaccination through their usual GP practice or clinic, as your medical records are available.

Some GP practices may only be getting stocks of vaccine for their regular patients.

Alice Spring, Darwin, Palmerston and the rural area:

GP sites in Alice Springs, Darwin, Palmerston and the rural area (Humpty Doo) will be established to administer the vaccine.

As at 19 March 2021, 25 General Practices and 3 Respiratory Clinics across the Territory were being supported by the NT PHN to deliver vaccines during Phase 1B. The vaccine rollout is happening in a staged way, with the first GPs commencing vaccinations as of Monday 22 March. The below schedule outlines which practices are vaccinating and when they are commencing. Check on the [NT PHN website](#) for further updates.

Starting Monday 22 March 2021

General Practice	Region	Contact Number
Bakewell Medical Centre	Palmerston	08 7979 1765
Arafura Casuarina	Darwin	08 8945 6911
Arafura Humpty Doo	Rural	08 8988 4888
Bath Street Family Medical	Alice Springs	08 8952 2000
Top End Medical Centre Gateway	Palmerston	08 7922 8000
Leanyer Medical Clinic	Darwin	08 8927 7756
Territory Medical Group Nightcliff	Darwin	08 8948 4333
Mall Medical Centre	Alice Springs	08 8952 2744
Pandanus Medical NT	Darwin	08 8945 2488
Cavenagh Medical Centre	Darwin	08 8981 8566
Respiratory Clinics	Region	Contact Number
Palmerston GP Super Clinic	Palmerston	08 8919 8919
Congress Respiratory Clinic	Alice Springs	08 8951 4400

Starting Monday 29 March 2021

General Practice	Region	Contact Number
Top End Medical Centre Rosebery	Palmerston	08 8997 6500
Territory Medical Group Mitchell St	Darwin	08 8948 4333
Moil Medical Centre	Darwin	08 8945 1211
Respiratory Clinics	Region	Contact Number
Central Clinic Respiratory Clinic	Alice Springs	08 8952 1088

Starting Monday 5 April 2021

General Practice	Region	Contact Number
Top End Medical Centre Casuarina	Darwin	08 8995 7900
Berrimah Family Practice	Darwin	08 7999 8585
Carepoint Medical Clinic	Darwin	08 8920 5555
Northside Health NT	Darwin	08 7999 7448

Starting Monday 12 April 2021

General Practice	Region	Contact Number
Arafura Medical Oasis Shopping Centre	Palmerston	08 8932 4333
Casuarina Square Medical Centre GP and Specialist Clinic	Darwin	08 8945 6755
Stuart Park Surgery	Darwin	08 8981 2907
Sonic HealthPlus Darwin CBD	Darwin	08 8981 4233
Palmerston Medical Clinic	Palmerston	08 8932 5100
Top End Medical Centre Stuart Park	Darwin	08 8930 4900
Tristar Medical Group-Palmerston	Darwin	08 7999 7561
Tristar Medical Group - Parap	Darwin	08 7999 7569

Katherine, Tennant Creek and Gove:

In addition to Hospital Vaccination Hubs, NT Health will be establishing community vaccine clinics in Tennant Creek, Katherine and Gove to fill the gap in the market at these locations and ensure the vaccine can be provided to all Territorians.

Monitor the NT Health [COVID-19 website](#) and [Facebook](#) and the [NT PHN website](#) for further information or contact your local Community Care Centre.

Remote NT:

Aboriginal community health organisations across the Northern Territory will also be establishing vaccine clinics as part of Phase 1B. NT Health has been working closely with Aboriginal health partners to plan for the roll-out of the vaccine in remote communities.

NT Health has also been working with the Federal Government to adjust the parameters around the vaccine roll-out in remote communities so that all adults can be vaccinated at the same time. This will include all Aboriginal adults living in remote and very remote areas of the NT and will assist to streamline the logistics, distribution and access to the vaccine for remote residents.

Monitor the NT Health [COVID-19 website](#) and [Facebook](#) and the [NT PHN website](#) for further information or contact your local Aboriginal community health organisation.

WHAT evidence of eligibility will I need to produce?

You will need to produce your Medicare card if you have one.

- For people attending their usual GP practice for vaccination, the clinic's records may be relied upon as evidence of an underlying medical condition.
- If you are not attending your usual GP practice for vaccination, you will also need to provide one of the following to confirm your medical condition:

➤ MyHealth Record, or	➤ A referral from GP or treating specialist, or
➤ A printout of your medical history as recorded in your clinical records, or	➤ A printout of your chronic disease care plan; a discharge summary from a hospital or other medical facility, or
➤ A valid script or medication prescribed to treat one or more of the relevant medical conditions, or	➤ Where none of these are available, individuals may complete a <i>Phase 1B Declaration Form</i> at the GP Practice.

WHEN can I get my vaccine?

The roll-out of the Phase 1B vaccine across the NT is a phased process, starting small and gradually building pace as the vaccine becomes more available, particularly from locally manufactured sources. GP practices will be initially receiving limited stocks of the vaccine as the roll-out commences so you may be put on a waiting list according to their bookings.

This is the largest vaccination program ever undertaken in Australia, so please be patient.

WHERE can I find out more information about the COVID-19 vaccine?

Speak to your GP or:

For more information on the:

- TGA's COVID-19 vaccine approval process visit: www.tga.gov.au/covid-19-vaccine-approval-process
- Latest COVID-19 vaccine updates visit: www.health.gov.au/covid19-vaccines
- Latest official coronavirus news, updates and advice from the Australian Government visit: www.australia.gov.au
- To check your eligibility for vaccination online, visit: <https://covid-vaccine.healthdirect.gov.au/eligibility>

For more information on the NT roll-out:

- NT Health visit: <https://coronavirus.nt.gov.au/stay-safe/vaccinations>
- NT Primary Health Network visit: <https://www.ntphn.org.au/covid-19-vaccine-rollout>

HOW can I prove I've been vaccinated?

Australians can already access their immunisation history statement through Medicare for proof of vaccination, both digitally and in hard copy, if required.

Statements can be viewed on an individual's Medicare online account or via the Medicare app. Your immunisation history statement will record your COVID-19 vaccinations, following each dose.